

AFMO COVID-19 Safety Protocols for Players and Parents

The health and safety of our players, families and volunteers is our number one priority. The protocols will help ensure that we are able to play football this season. Our ability to continue our activities is dependent on 100% compliance in all areas from everyone. As such, AFMO is enacting the following protocols:

Protocols common to all:

1. Physical distancing rules must always be followed (1 m on the field, 2 m off the field).
2. No person should come to practice if they have any symptoms of COVID-19, or if they have been exposed to anyone who has symptoms. A 14-day isolation period will be required before returning to practice.

Protocols for AFMO:

1. Access to the field will be strictly limited. Only players, coaches and registered volunteers will be permitted access.
2. We will sanitize all shared equipment (balls, bags, cones, etc.) before and after each practice.
3. Coaches and volunteers must wear a mask. Players are not required to wear a mask during practice.

Protocols for Players:

1. Players must arrive **ON TIME**, in the 15-minute window before the start of their practice. Late arrivals will experience delays getting on the field and will miss all or part of practice, and inconvenience their teammates and coaches.
2. Players must arrive **READY TO PLAY / NO BAGS**. Players must be “ready to play” when they arrive – cleats and girdle on, mouthguard in pocket, proper apparel for the weather (hat, sweater if needed), and water bottle in hand. No bags on the field. Bags must remain in your car.
3. **MANDATORY CHECK IN**: Players must check in with their Team Manager, wash their hands and have their temperature taken, and head straight to pre-practice waiting area (see diagrams below). Extra volunteers will be onsite to help with coordination for the first few practices. Players may not enter the field without checking in with the team Manager.
4. Players must have their own water bottle clearly labelled with their names. No sharing of water bottles will be allowed under any circumstances. Please note that there is no source of water at the field.
5. **NO LOITERING**. At the end of practice, players must leave the field immediately, washing their hands as they exit the field.

Protocols for Parents:

1. In order to allow for 2M physical distancing rules, we ask that only **ONE PARENT** per player attend practices.
2. All parents present at practices must **WEAR A MASK**. If parents do not want to wear a mask they will be asked to remain in their vehicle for the duration of the practice.

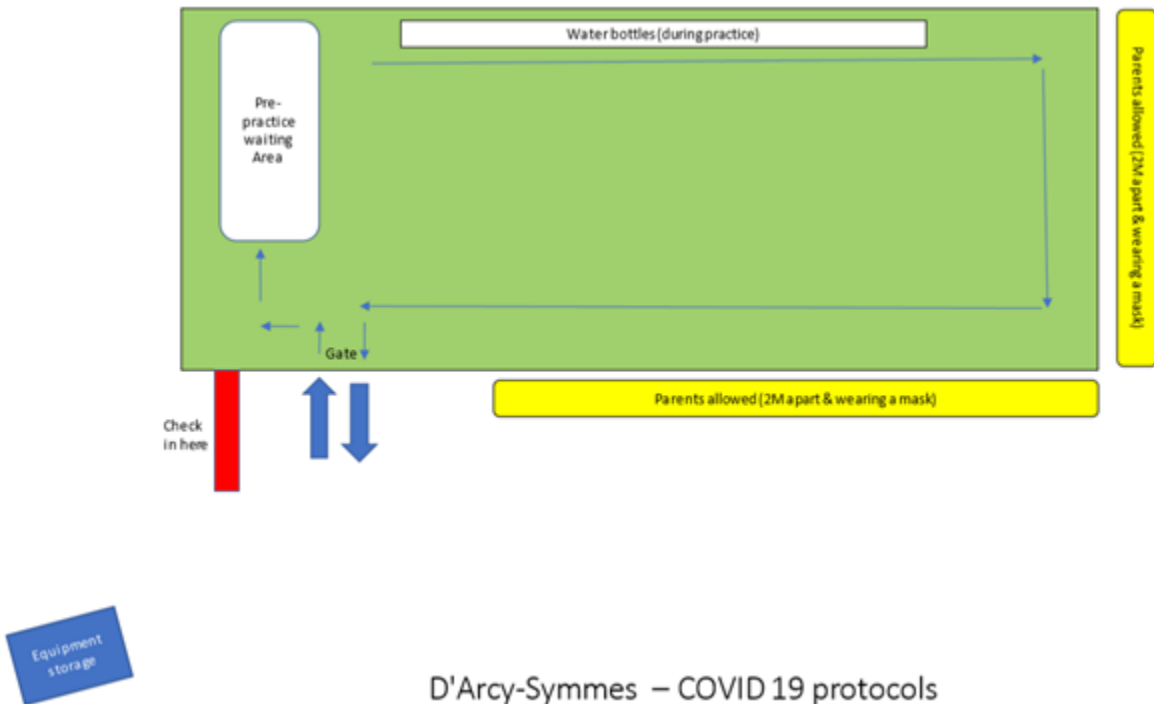
3. Parents may watch from outside the fence, around the perimeter of the field so long as the 2m physical distancing rule is respected (see the diagram below). Please note that no parents will be allowed on the bench side of the field at either field. At Carrefour, parents must remain outside the fence which means the bleachers will be off-limits.
4. Parents must ensure their child arrives at practice READY TO PLAY and ON TIME.

If you are unable to abide by these protocols, for the safety of everyone else, you will be removed from the AFMO programming until further notice.

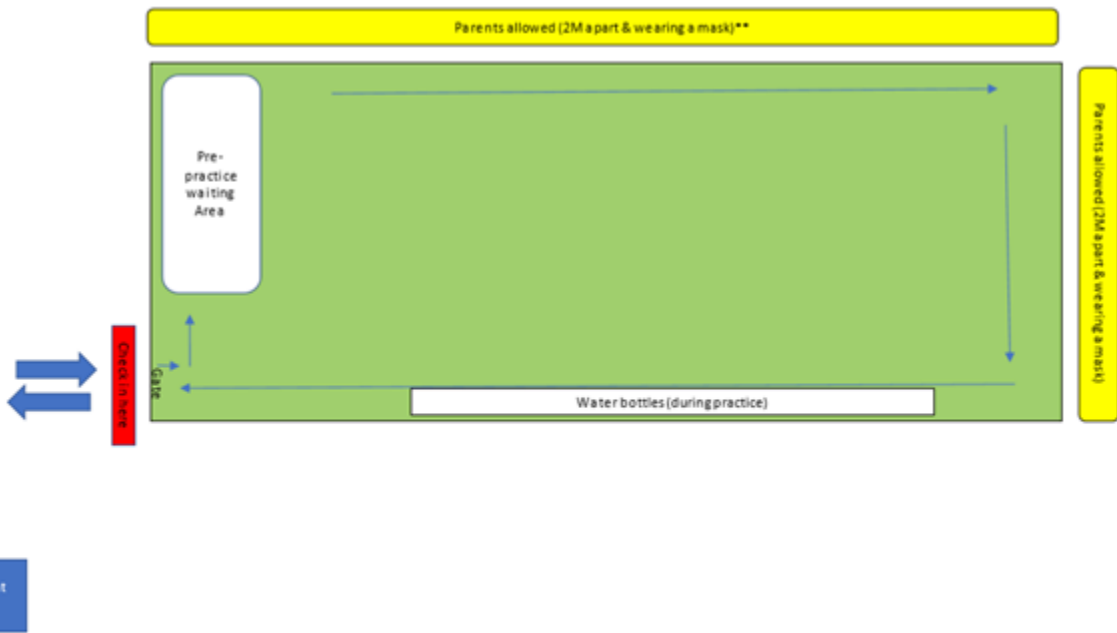
Gawain Harding

AFMO President

FIELD LAYOUTS



D'Arcy-Symmes – COVID 19 protocols



CARREFOUR – COVID 19 protocols

**Please note parents must stay outside the fence – bleachers are off-limits